Come Hell or High Water: Radical Self-Love and Self-Care in Academia

In this special ULCC—Navigating Academia session, Drs. Yolanda Sealey-Ruiz and Arash Daneshzadeh (scholar-activists of color navigating predominantly white institutions) will share ways they strive and participate in radical self-love and self-care as they engage in transformative research. This will be a discussion and workshop where participants will reflect upon the challenges and benefits of taking care of ourselves as we engage in this work.

April 13, 2017 5:00-7:00 pm
Location: ULCC Dahlberg Hall Room 100